



Castle Special Brekkie \$29

Made with love. Wholesome, flavourful and satisfying.

VG/GF option ♦ 10.30am to 12.30pm

Today's Specials

A chef's selection, made with the best of what's fresh.

♦ See the boards above the counter

Small Plates

Pesto Pasta \$16

Penne tossed in basil pesto, topped with shaved parmesan and fresh rocket.

VG OPTION ♦ CONTAINS NUTS

Spanakopita with Salad \$18

Crispy, flaky pastry parcels filled with spinach and ricotta, served with a fresh garden salad.

Cheese & Tomato Toastie \$11

Fresh tomato and melted cheddar on toasted sourdough.

GF OPTION

Samosa with Dahl or Salad \$15

A golden samosa served with warming spiced dahl or an onion salad.

VG

Large Plates

Thali Plate \$29

South Indian-inspired platter with spiced dahl, fragrant rice, pickles, onion salad and a golden samosa.

VG

Chef's Lasagne \$29

A rich, homestyle lasagne with Napoli sauce, oven-baked and served with a fresh garden salad.

GF

Buddha Bowl \$29

A nourishing bowl of jasmine rice, marinated tofu, fresh veggies, avocado and pickles, topped with sesame seeds.

VG/GF OPTION

FOR THE LITTLE ONES

The Little Lotus Lunch \$15

A sandwich or pasta pot, a fruit cup and a popper, boxed up and ready to go.

♦ From the display fridge

MADE FRESH THIS MORNING

Grab & Go

Salads and granola bowls, ready to take away. Toasties and wraps, as they are or grilled to order: take a buzzer and we'll call you.

♦ See the display fridge at the counter

Please inform our team of any allergies or dietary requirements before ordering.

VG VEGAN ♦ GF GLUTEN FREE



Drinks

Hot Drinks

	SMALL	LARGE
Latte	\$5.6	\$6.6
Flat White	\$5.5	\$6.5
Cappuccino	\$5.7	\$7
Mocha	\$6	\$7.2
Long Black	\$5.2	\$6.2
Espresso	\$4.2	\$5.2
Piccolo	\$5	\$6
Macchiato	\$4.8	\$5.8
Affogato	\$6.8	\$8

Alternatives

Adaptogenic Choc	—	\$7.1
Chai Latte	\$6	\$7
Turmeric Latte	\$6	\$7
Matcha Latte	\$6.6	\$7.5
Macca Mushie Latte	\$6.5	\$7.5
Hot Chocolate	\$5.7	\$6.7

Tea \$7

- ◆ English Breakfast ◆ Earl Grey
 - ◆ Peppermint ◆ Ginger Zing
 - ◆ Green
- | | |
|-----------------|-------|
| Loose Leaf Chai | \$7.5 |
| Sticky Chai | \$8 |

Cold Drinks

Mango Smoothie	\$13
Green Ginger	\$13
Iced Latte	\$9
Iced Long Black	\$7.5
Iced Chai	\$9.5
Iced Matcha	\$9.5
Iced Turmeric	\$9.5
Iced Coffee with cream and ice cream	\$11
Iced Chocolate with cream and ice cream	\$10.5
Adaptogenic Iced Chocolate	\$10.5

Iced Tea \$8.5

- ◆ Peach ◆ Lemon
- ◆ Cucumber Mint

Milkshake SMALL \$11 LARGE \$13

- ◆ Chocolate ◆ Strawberry
- ◆ Vanilla ◆ Caramel

Extras

Decaf coffee	\$1
Milk alternatives: oat, almond, soy or coconut	\$1
Shot of caramel, vanilla or hazelnut	\$1

ON THE BOARD

More than what's listed

There's always something new on pour. Ask us what we're making.

◆ See our drinks specials board

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