

# Lotus Cafe - Food

## Brunch Special

10.30am - 12.30pm

### Castle Special Brekkie \$29

Our seasonal brunch special, made with love and whatever's fresh. Wholesome, flavourful and satisfying.

**VG/GF option**

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## Small Plates

### Pesto Pasta \$16

Penne tossed in basil pesto, topped with shaved parmesan and fresh rocket.

**VG option/ contains nuts**

### Mini Spanakopita with Crudités \$16

Warm golden spinach & cheese parcels served with fresh veggie sticks and hommus.

### Cheese & Tomato Toastie \$10.50

Fresh tomato and melted cheddar on toasted sourdough.

**GF option**

### A Samosa with Dahl or Salad \$15

Golden samosa served with warming spiced dahl or an onion salad.

**VG**

## Large Plates

### Thali Plate \$29

South Indian-inspired platter with spiced dahl, fragrant rice, mango pickle, onion salad and a golden samosa.

**VG**

### Spanakopita \$29

Crispy, flaky pastry parcels filled with spinach and ricotta, served with a fresh garden salad.

### Chef's Lasagne \$29

A rich, homestyle lasagne with Napoli sauce, oven-baked and served with a fresh garden salad.

**GF**

### Buddha Bowl \$29

A nourishing bowl of jasmine rice, marinated tofu, fresh veggies, avocado & pickles topped with nori.

**VG/GF option**

### The Lotus Special \$24

Check our specials board.

A chef's selection of fresh seasonal ingredients - nutritious and delicious.

**VG/GF option/ may contain nuts**

### Soup of the Day \$22

See our Specials Board for our seasonal soup, served with toasted garlic butter sourdough.

Crystal Castle ♦ Shambhala Gardens

# Drinks

## Hot Drinks

<b>Coffee</b>	<b>Small</b>	<b>Large</b>
Latte	\$5.60	\$6.60
Flat White	\$5.50	\$6.50
Cappuccino	\$5.70	\$7
Mocha	\$6	\$7.20
Long Black	\$5.20	\$6.20
Espresso	\$4.20	\$5.20
Piccolo	\$5	\$6
Macchiato	\$4.80	\$5.80
Affogato	\$6.80	\$8

<b>Tea</b>	
English Breakfast	\$7
Earl Grey	
Peppermint	
Ginger Zing	
Green	

Loose Leaf Chai	\$7.50
Sticky Chai	\$8

### Alternatives

Adaptogenic Choc		\$7.10
Chai Latte	\$6	\$7
Turmeric Latte	\$6	\$7
Matcha Latte	\$6.60	\$7.50
Macca Mushie Latte	\$6.50	\$7.50
Hot Chocolate	\$5.70	\$6.70

### Extras

Decaf coffee	\$1
Milk alternatives: oat, almond, soy and coconut	\$1
Shot of caramel/ vanilla/ hazelnut	\$1

## Cold Drinks

Mango Smoothie	\$13
Green Ginger	\$13
Iced Latte	\$9
Iced Long Black	\$7.50
Iced Chai	\$9.50
Iced Matcha	\$9.50
Iced Turmeric	\$9.50
Iced Coffee with cream and ice cream	\$11
Iced Chocolate with cream and ice cream	\$10.50
Adaptogenic Iced Chocolate	\$10.50

<b>Iced Tea</b>	<b>\$8.50</b>
Peach	
Lemon	
Cucumber Mint	

<b>Milkshake</b>	<b>Small</b>	<b>Large</b>
Chocolate	\$11	\$13
Strawberry		
Vanilla		
Caramel		



Please inform our team of any allergies or dietary requirements before ordering.